

Feel The Rhythm

- ✓ _____ exists in relation to _____.
- ✓ _____ and _____ are products of consistent rhythm.
- ✓ Our world is in _____ – The _____ has changed. We have two response options:
 - Hold out hope the old rhythm returns.
 - Adjust to the new rhythm so we can thrive in a season of crisis.

A Season of Crisis

- ✓ Crisis can make life _____ than before.
- ✓ Crisis is nothing new to _____
(John 16:33) In this world you will have trouble. But take heart! I have overcome the world.
- ✓ God wants us to _____ trouble and _____ to thrive in crisis.
(Psalm 112:1, 7-8) Praise the Lord! Happy are those who fear the Lord. They are not afraid of evil tidings; their hearts are firm, secure in the Lord. Their hearts are steady, they will not be afraid.
- ✓ God gives us His _____ and _____ us in times of trouble.
(Psalm 46:1) God is our refuge and strength, a very present help in times of trouble.

Our Crisis Equipment

1. _____
Keep your mind _____
Keep the _____ in sight.
2. _____
Keep your heart _____
3. _____
Settle on _____ as the rhythm of your life.
4. _____
Truth applied allows _____ to manifest in your life.
5. _____
We are _____ by faith
6. _____
Follow God's Game plan which is His _____.

Establishing A New Rhythm

We encourage everyone to partake of communion each day this week.

Feel The Rhythm

- ✓ **CREATION exists in relation to RHYTHM.**
- ✓ **UNITY and HARMONY are products of consistent rhythm.**
- ✓ **Our world is in CRISIS – The RHYTHM has changed. We have two response options:**
 - Hold out hope the old rhythm returns.
 - Adjust to the new rhythm so we can thrive in a season of crisis.

A Season of Crisis

- ✓ **Crisis can make life BETTER than before.**
- ✓ **Crisis is nothing new to MANKIND.**

(John 16:33) In this world you will have trouble. But take heart! I have overcome the world.
- ✓ **God wants us to OVERCOME trouble and LEARN to thrive in crisis.**

(Psalm 112:1, 7-8) Praise the Lord! Happy are those who fear the Lord. They are not afraid of evil tidings; their hearts are firm, secure in the Lord. Their hearts are steady, they will not be afraid.
- ✓ **God gives us His STRENGTH and SUPPORTS us in times of trouble.**

(Psalm 46:1) God is our refuge and strength, a very present help in times of trouble.

Our Crisis Equipment

7. HELMET

Keep your mind **FOCUSED**.

Keep the **GOAL** in sight.

8. BREASTPLATE

Keep your heart **SETTLED**.

9. BELT OF TRUTH

Settle on **God's Truth** as the rhythm of your life.

10. SHOES OF PEACE

Truth applied allows **CHRIST'S PEACE** to manifest in your life.

11. SHIELD OF FAITH

We are **PROTECTED** by faith

12. SWORD OF THE SPIRIT

Follow God's Game plan which is His **WORD**.

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We encourage everyone to partake of communion each day this week.