

PRAY | FIRST

21

DAYS OF PRAYER

PRAY | FIRST

A PRAYER GUIDE BOOKLET

John Youell, Sr & John Youell, Jr

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INTRODUCTION

Dear Readers

Thank you for joining us on this 21 day prayer journey. There is no other discipline that offers such life-changing potential as the practice of prayer. It has the power to synchronize our life with God's purpose and sensitize us to the rhythm of His heart.

There was a time when I was in a desperate place and the last thing I heard God tell me to do was to pray. So I began doing what I remembered my father doing – going early in the morning and praying for an hour. After a couple of weeks of effort, I leaned against the wall and verbalized what I had come to know in my heart – I didn't know how to pray.

After confessing that to God, I was reminded of the disciples same statement they made to Jesus when they asked him to teach them to pray. I thought, "God, I have the Holy Spirit which they didn't have and if you could teach them to pray, please teach me."

So I began praying the prayer Jesus told his disciples to pray. And through that model prayer, He changed my life. I remember being stuck for weeks on the idea that God is my father. The more I thought about the connection I have to my dad and how that pales in comparison to the connection God wants with me, my relationship went to a whole new level.

Our hope is that this booklet can be a starting point for you on your own prayer journey. We have included several prayers that we have prayed and some that we still pray daily. Let them be guides for you to begin with but know that the more you pray, the more your prayer life will customize you. The only wrong way to pray is to not pray. So don't let this 21 days of prayer be anything other than a starting point to a new adventure.

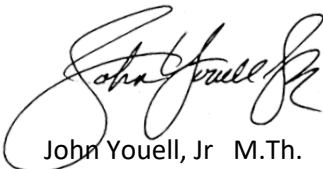
There is one last thing I want to encourage you to do and that is to pray audibly. Is there anything wrong with praying silently? Not really but it removes what has become one of the greatest game changers for me in the area of prayer.

I have come to learn that the most powerful voice in my world next to God's is my own. The Bible teaches that faith comes by hearing and hearing by the Word of God (Romans 10:17). The reason we should pray audibly is so that we hear what we are saying.

It's powerful to state that God is our Father and that He resides above all the troubles we encounter. In so doing, we are reprogramming our minds according to the Word and declaring how we are going to respond to situations before they arrive. My friends, this type of prayer has changed my life. My mind has not been renewed just by reading the Bible but by praying the Bible. And the same can happen for you.

It is my sincere hope that you will experience the power of prayer during these 21 days. Join with us each day in our daily prayer focus. You can find our 21 Days of Prayer schedule on page 9. I want to encourage you to join us each Saturday during this season of intense prayer for our Saturday Prayer Services at the church from 10:00am – 11:00am.

Here is one promise that I know holds true and it is my prayer over each of you: "If you seek Him, you will find Him when you seek Him with all your heart (Jeremiah 29:13)."

A handwritten signature in black ink, appearing to read "John Youell, Jr.", with a large, stylized flourish at the end.

John Youell, Jr M.Th.
Pastor

HOW TO USE THIS BOOKLET

We don't have to follow a specific formula to talk with God, but practicing different ways to pray can help us find deeper purpose and connection to Him through our prayer time.

This book is designed to give you several prayer models. You don't have to master all of them at once; you can select a different prayer model each day and spend time working through it at your own pace. You can go in any order you want, and you can even spend a few days on the same model as you become more comfortable with it.

To get started, choose which model you want to use today in prayer. As you pray, focus on the process the model reveals, giving yourself time to pray intentionally. If your mind wanders, use the model to restore your focus.

The goal of using this guide is not to add pressure or overwhelm you. The goal is simply to get comfortable with different biblical models of prayer and for your prayer life to become more natural, effective, and enjoyable. To make your prayer time even more meaningful, you can write notes and prayer requests and play worship music. The important step is committing to regularly entering God's presence through prayer.

The heart of this guide is to help you find a new level of purpose, effectiveness, and enjoyment in your prayer life. While prayer does take commitment and can require discipline to develop into a daily habit, we also want to remember that prayer is a "get to" not a "got to." It's a privilege to be able to come to God in prayer.

21 DAYS OF PRAYER 2020

Welcome to our 21 Days of Prayer for 2020. Our prayer focus begins September 6 and runs through September 26. During each weekday we will be posting a video prayer on Facebook and at www.fellowshipok.org/21Days.

Our purpose for setting this time aside is to seek God for our church and our country. There is a lot going on in the world right now and it is important that we not give in to fear or worry. We do this through prayer. So we encourage you to prayer with us each and every day for the next 21 days. See the daily prayer focuses listed below. We are praying that in 21 days your prayer life will experience new life.

Sept 6	Church Services at 9:00am or 10:30am
Sept 7	Church Ministries
Sept 8	Boldness
Sept 9	Spiritual Awakening
Sept 10	Israel
Sept 11	Life
Sept 12	Saturday Prayer Service at 10:00am
Sept 13	Church Services at 9:00am or 10:30am
Sept 14	Unity
Sept 15	Leaders
Sept 16	Harvest
Sept 17	Military
Sept 18	Healing
Sept 19	Saturday Prayer Service at 10:00am
Sept 20	Church Services at 9:00am or 10:30M
Sept 21	Missions
Sept 22	Preach
Sept 23	Miracles
Sept 24	Church Families
Sept 25	Discernment
Sept 26	Saturday Prayer Service at 10:00am

DESIGNING A PRAYER LIFESTYLE

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed. (Mark 1:35)

The most effective prayer methods involve the daily discipline of prayer. We will never experience gains in our prayer life through erratic prayer patterns. To help us develop this daily discipline we can look to the example of Jesus during his life on earth.

SPECIFIC TIME

Jesus got up early in the morning. This was his chosen time to spend with His Father. The morning is a great option for those who set their day with prayer. But not everyone is a morning person. The most important thing isn't when we pray but that we pray. To help with this, set it up as an appointment in your calendar – whether morning, lunch, afternoon or sometime in the evening – set the appointment and faithfully keep it.

SPECIFIC PLACE

Jesus went to places of solitude to pray. He sought places where he could block out distractions and focus on his connection to God. Having a specific place to pray helps us do the same – remove distractions and frees us to pray and worship loudly.

SPECIFIC PLAN

When Jesus taught his disciples to pray he gave them a prayer outline. Traditionally it is called the Lord's Prayer. In this guide we identify it as the Disciples Prayer. Why? Because Jesus said, "when you (the disciples) pray...pray this way..." (Mathew 6:6-9).

This outline, along with several other tools, is available in this guide. As we pray every day, our plans for our prayer time can vary, it doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

HOW PRAYER CHANGED MY LIFE

John Youell, Sr.

Growing up in the church I heard a lot about prayer and had even participated in praying at the altar with my dad and mom as well as praying over our meals and at bedtime each night. However, I never was a “prayer” in the true sense of the word. I prayed only when I needed to pray but never on a regular or consistent basis.

However, in 1996, the Holy Spirit convinced me that God had not saved me to do things for Him, but rather He had redeemed my life to “spend time with Him.” He showed me this truth in Revelation 4:11 where I found out God had created me “for His pleasure” not mine, and His pleasure was for me to come and spend time with Him in the closet of prayer every day. So, I immediately made a commitment to God and changed my daily routine, setting my alarm at 5:00 AM so I could arrive at the church by 6:00 AM where I began to spend time with my Heavenly Father in prayer every morning since then. I have learned to pray by praying!

The Holy Spirit convinced me to give the first part of my day to God. This meant: I was not to turn on the TV or radio; I wasn’t to open a book or look at the daily paper; I wasn’t to go into my office but to go immediately into the sanctuary at the church and begin to talk with my Heavenly Father. The Holy Spirit convinced me that if I would give the first part of my day to God (as a tithe), then He would give his best to me. And, oh, how I have found this to be true down through the years!

WHAT HAPPENS WHEN WE PRAY?

As I spent time with my Heavenly Father each day, He revealed to me THREE PRIMARY THINGS that happens when we pray.

1. When We Pray God Covers Us With His Presence (Psalm 91:1)

He watches over us to protect us like a parent watches over their children to keep them safe (like God covered the Nation of Israel with a cloud as they traveled day by day – **Exodus 14:23-25**).

He stands up over our life like a strong-muscled man, powerfully exercising His authority against our enemies.

His presence surrounds us like a huge wall surrounds a city to protect it and keep it safe. He becomes an “impregnable, impenetrable defense” about our life every day when we pray.

As the Lion of the Tribe of Judah, He tears our enemies to shreds with His powerful, active presence over our life.

PSALM 91 IS A POWERFUL PSALM BUT THE FULL BENEFIT OF VERSES 2 – 16 ONLY HAPPENS IF WE OBEY VERSE 1 AND DAILY PLACE OUR LIFE UNDER THE SHADOWY PRESENCE OF OUR ALMIGHTY GOD!

2. When We Pray God Rewards Us With His Abundant Provision (Matthew 6:6)

He showed me that God is in the closet of prayer waiting for us to join Him there every day.

He revealed to me that God see us when we join Him in the secret place of prayer. He is looking for us to join Him in the closet every day.

The word “closet” in the original Greek language literally means “storeroom or storehouse” where all the goods are kept. When we enter into the closet of prayer each day we

are literally entering into “God’s dispensary” where He begins to download all the blessings of life and godliness He has promised to give us.

“By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence.” (2 Peter 1:3)

God assured me in the closet of prayer that He already knows what we need every day and if I would come into His presence in prayer and begin to thank Him for meeting all our needs, He would see to it that our daily needs and desires of our heart would be met (Psalm 37:4).

God showed me that although He is “omnipresent” – His presence is everywhere - only the “pray-er” can truly know the “secret presence” of God. As we draw near (close to God in the closet), He will draw near to us (James 4:8).

3. When We Pray, We Can Possess All God Has Promised Us (John 15:7, 8)

The word “abide” in verse 7 literally means “to rub off”. As we draw near to God in prayer, He draws near to us and, through the process of praying, His presence and power “rubs off on us!” **WE COME OUT OF THE PRAYER CLOSET MUCH MORE POWERFUL THAN WHEN WE WENT IN!**

God showed me that when we pray the Word of God the logos (written word) becomes the rhema (the spoken miracle, life producing, fruit bearing) Word of God in our mouth. **WHEN WE MAINTAIN THIS CLOSE CONNECTION WITH GOD IN THE CLOSET OF PRAYER EACH DAY, WE CAN DECREE THE WORD HE PUTS IN OUR HEART AND MIND AND WHAT WE DECLARE AND DECREE WILL COME TO**

PASS BECAUSE WE ARE PRAYING WHAT HIS WORD IS SAYING!

God's desire is to fill the life of the prayer with His abundant "spiritual fruit" proving that we truly are His disciples (v.8).

Since 1996 my life has been changed in a variety of ways:

1. God increased the anointing on my life from that of a pastor to also that of a visionary leader to lead our congregation into a blessed future.
2. God led us as a congregation to leave our original location on South Agnew Ave. where we have ministered to our city for over 80 years, to purchase 11.5 acres of land on South Western Ave. and to relocate our congregation to build a strong center of worship and ministry to reach new people in south Oklahoma City.
3. God also directed me to get connected with other pastors and business leaders throughout the metro and launch the Oklahoma City Metro Prayer Alliance which is a group of pastors and intercessors who go about the city every Wednesday morning to pray over and bless the visions of other pastors and churches in our city.
4. I was also blessed by God to help launch the Oklahoma Concert of Prayer, which is now the Oklahoma Apostolic Prayer Network which coordinates prayer all around our state. I have been blessed to serve as the South Oklahoma City Leader for many years.
5. God also favored me to hold various revivals in churches in Oklahoma City and within the state of Oklahoma which, although were originally scheduled to last four

days (Sunday through Wednesday), however God poured out His Spirit so powerfully these revivals went two weeks with many signs and wonders; healings and salvations.

I can honestly say that my life was forever changed when I accepted the call of Jesus to join Him in the closet of prayer in 1996 and to this very day the impact of my daily fellowship with God in prayer is continually producing abundant fruit in my life and ministry. TO GOD BE THE GLORY!

Blessings on your own journey!

John Youell, Sr. M.Min.
Pastor

THE DISCIPLE'S PRAYER **(THE LORD'S PRAYER)**

One day Jesus praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."

The starting point in this prayer journey is one of humility. It is humbling to admit we may not know how to pray. Yet, that is exactly where the disciples began. They were trained to pray three times daily and yet they recognized a difference when Jesus prayed.

In response to their request Jesus told them to pray a specific way. This prayer that is commonly known as The Lord's Prayer, we identify as the Disciples Prayer because Jesus told them (the disciples) to pray the following prayer:

Our Father who is in heaven, Hallowed be Your name. Your kingdom come. Your will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not lead us into temptation, but deliver us from evil. [For Yours is the kingdom and the power and the glory forever. Amen.'] (Matthew 6:9-13 NASB)

1. WE CONNECT WITH GOD RELATIONALLY

Our Father who is in heaven...

Our practice of religion does not move the heart of God. He has gone through great lengths to adopt us as His children. He has always wanted a relationship with us. That is why the prayer begins with us calling him Father.

Perhaps you were blessed enough to have a great relationship with your dad. If so, think through those memories and allow God to show you the depth of his love

for you which goes so far beyond any love an earthly father can express to his children.

For those who were not blessed with such a relationship, consider this your chance at have that fatherly relationship that you always wanted. God is not a father who will leave you. He promises to always be with you no matter what comes.

Next to the reality God is your father, it is equally important to recognize that you are one of his children. What a great love God has shown us that he took those of us who were afar off and made us his children and brought us into such a wonderful relationship (Ephesians 2:13).

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father." (Romans 8:15 NLT)

PRAYER:

"Father, I come to You in prayer today thankful that I am your child. Awestruck at the reality that you want me to know you as my father. I know that at one time I was afar off – removed from relationship with you yet you have done everything to bring me into a relationship where I can now call you Father. Thank you for loving me in such a wonderful way."

2. WORSHIP HIS NAME

Hallowed be your Name.

There is power in the name of Jesus. A person's name conveys personhood to others. The Bible records several names for God. Here is a list of some of His Names to help us worship Him.

- **God our RIGHTEOUSNESS** – He is the one who makes us clean.
- **God our SANCTIFIER** – He is the one who sets us apart.
- **God our HEALER** – He heals all our diseases.
- **God our BANNER** – He covers our sins and past.
- **God our VICTORY** – He defeats our enemies.
- **God our SHEPHERD** – He guides and leads us in life.
- **God our PEACE** – No matter the trouble He is our peace.
- **God our PROVIDER** – He gives us more than we need.

Speak His name out loud. Like all prayers, when we proclaim who He is, we not only worship Him, but we also remind ourselves of how powerful and great our God is.

The name of the Lord is a strong fortress; the godly run to him and are safe. (Proverbs 18:10 NLT)

PRAYER:

“Lord, I stand in awe of you and your amazing name. Your name is a strong fortress – it is a place of safety and protection for me. I praise you as my sanctifier and healer. I am thankful that you are my shepherd, that you cover me and fight for me. I am forever thankful for the peace and provision that I have found in you. Oh how great is your name!”

3. PRAY HIS WILL FIRST

Your Kingdom come. Your will be done on earth as it is in Heaven

One of the most important practices of learning to pray God's way is to pray for His will to be done irrespective of our personal desires. It is so easy to pray with a desired outcome but that is not the way Jesus taught the disciples to pray. He wanted them to adjust not only their prayers but their life to living and praying God's will first.

It is important to spend time focusing on the things that God focuses on.

- The lost coming home.
- Guidance for those who are in authority
- The nation of Israel
- His plans and purposes for our lives and the world.

Seek the Kingdom of God above all else, and he will give you everything you need. (Luke 12:31 NLT)

PRAYER:

“God, there is no better plan for my life than Yours. I pray for your will to be done in every area of my life. That I will come into alignment with your purposes so that I can partner with you in what you are doing in my world. Forgive me for the times that I have been more concerned about my wellbeing, my dreams and my plans. I recognize that the world is lost and in need of your saving grace. I choose to give myself to fulfilling your plans and purposes around me. Open my eyes so I can see what you are doing. Give me the sensitivity to respond to you as you lead and guide me today.”

4. TOTAL DEPENDENCE ON HIM

Give us this day our daily bread

This part of the prayer the disciples would have recognized as a reference to God's provision to their ancestors in the wilderness. During that time, they went out each day and gathered manna that God sent sustain them.

In the same way, God cares about you and me. He is the source of all that we have and the key to all we need. During the manna season, God was teaching Israel to come to him daily. In the same way, let us also come daily and ask Him and thank Him for his provision

I look up to the mountains – does my help come from there? My help comes from the Lord, who made heaven and earth! (Psalm 121:1-1 NLT)

PRAYER:

“Lord, I know that all I have ultimately comes from you. There have been so many times in my life where you have supplied my needs in miraculous ways. So I thank you in advance today for being my provider. I stand amazed at the reality that the God who created everything is the one who cares about me enough to be my provider. The situations that are stressing and pressing me today are not my issues to solve alone. So I give them to you right now and ask you to provide everything I need. Remind me that my hope, peace and provision come from you.”

5. FORGIVEN AND BE FORGIVEN

Forgive us our debts, as we forgive our debtors.

The forgiveness of God is one of the core values of Christianity. The thought that God who is holy would forgive those who are unholy is amazing. Yet, when Jesus came, he

raised the bar of God's expectation in the area of forgiveness.

If you forgive those who sin against you, your Heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins. (Matthew 6:14-15 NLT)

The first place to begin is asking God to check your heart for any unforgiveness you may be withholding. Jesus was so serious that we be people who walk with no baggage that he said, "...if you refuse to forgive others, your Father will not forgive your sins. (Matthew 6:14-15 NLT)

Think about that. The all-powerful God has placed the ability to handcuff him into our hands and the handcuffs are our unforgiveness. And who does this affect? Us. If we don't forgive others, God will not forgive us. So let's walk with an attitude of forgiveness towards everyone.

PRAYER:

"God, thank you for offering me the gift of forgiveness. Show me any areas in my life that I need to deal with in order to receive forgiveness. Any attitudes of resentment and any unforgiveness I have held against others. I know you want me to have a clean heart so please forgive me of my sins. Thank you for your unfailing grace that covers my failures. Now, please help me to let go of all offenses I have held onto towards others. I release to you those who have wronged and/or hurt me and I know that I can trust you to handle those situations according to your perfect will."

6. ENGAGE IN SPIRITUAL WARFARE

And do not lead us into temptation, but deliver us from the evil one

Spiritual warfare is a concept that is often hard to understand. The Bible makes it very clear that we have an enemy – that there is opposition to those who choose to follow Christ. In fact this enemy is identified as one who is seeking to steal from us, kill us and ultimately wants to destroy us (John 10:10).

When we pray, we take a stand against the enemy. As we prayed earlier, God is the one who gives us victory. The enemy we are engaging is not ultimately our enemy but God's. The Lord promises to come and fight our battles for us and yet He expects us to stand in faith and not live in fear. He wants us to fight from a place of victory as we are empowered by the victory of Jesus and the indwelling presence of the Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

When we recognize the plan of the enemy to destroy us, we can shed light on his lies and claim God's truth over our lives. We need to ask God to show us an lies we are believing. When we believe a lie we give it life. This is what it means to resist the devil. We resist his lies and choose to believe God's truth.

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

(Ephesians 6:12 NLT)

PRAYER:

“Lord, no matter what struggles I face today, I state upfront that my struggle is not against people or the circumstances around me. I know that I have an enemy who is wanting to oppose me and keep me from living a life of victory. Help me to recognize his lies and to quickly release them so they don't take hold as I seek to bring every thought captive to the knowledge of Christ. I speak the name of Jesus over my

life and declare that no weapon formed against me can prosper and I will not fear the enemy who opposes me because the God who is with me and in me is greater! So today I declare I am the head and not the tail. I am above and not beneath. I am a child of the living God.

7. TRUST IN GOD'S ABILITY

For yours is the Kingdom and the power and the glory forever

Expressing confidence in the ultimate power of God to do what he ultimately wants to do in any and every situation is a perfect way to end our prayer time. This forces us to focus our thoughts and energies around the reality of who God is and what He can do.

- **“Yours is the Kingdom”** – All authority in all the universe belongs to you. There is nothing outside of your influence and power.
- **“Yours is the Power”** – There is no one mightier, more powerful than you. Regardless of the opposition to your authority, your power is unequalled.
- **“Yours is the Glory”** – Your victory will be total and complete. There is no one with whom you will share glory. All glory belongs to you.

O Sovereign Lord! You made the heavens and earth by your strong hand and powerful arm. Nothing is too hard for you!

(Jeremiah 32:17 NLT)

PRAYER:

“Father God, nothing is too hard for You! Through Your great power, all things are possible. All authority, all might and all victory is yours and your victory will be total and complete. You are amazing and I worship you today. I praise you for your power and presence that is in my life. You alone are my God. You alone are worthy of my praise.”

TABERNACLE PRAYER

In the Old Testament, the Tabernacle was the dwelling place of God. He gave the specifications for the construction including what materials were to be used. The Bible says that when they completed the tabernacle following His instructions He filled the tabernacle with His presence (Exodus 40:34).

The Tabernacle system was the first attempt of God to express the importance of worship to Israel. When they followed His instructions, they experienced His presence. And yet, only the representative of the people (priest) was allowed to go into the inner area (Holy of Holies) where the presence of God resided.

Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each station of the Tabernacle and use the purpose of each station to guide our prayers.

1. THE OUTER COURT

The Israelites enter the Tabernacle with thanksgiving and praise, and we start our prayer time the same way. So we encourage you to spend some time really thinking about the blessings in your life for which you're thankful. You can write down a list, sing your own song of praise, or just spend quiet moments reflecting on your gratitude and praise toward God.

Think about the goodness of God in your life. Verbalize several key areas where you are thankful for his blessings and goodness. What specific ways has he blessed you? Thank Him for those and for anything else He has done for you.

2. THE BRAZEN ALTAR

During the Tabernacle period everyone had to regularly bring sacrifices as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

Take a moment and thank God for the gift of Jesus. Thank Jesus for being your sacrificial lamb. Let the reality of what He did for you on the cross settle into your heart. Not only do we want to thank him for what he did but we also want to claim the transforming power and healing that the cross of Jesus has in our lives.

The cross provides us with five major benefits:

- Salvation – Forgiveness of sins
- Healing – Heals our diseases
- Redemption – rescues and restores us
- Transformation – changes us to be like him
- Provision – provides everything that we need.

3. THE LAVAR

The next step in the Tabernacle was a bowl of water where people were reminded of their sinfulness and their need to be cleansed and forgiven by God. Checking our hearts and motives and surrendering our lives to God is an important part of daily prayer.

Because of what Jesus did on the cross, we can confess our sins to Him and receive complete forgiveness and a fresh start. In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then surrender your life and every part of yourself to Him.

4. THE CANDLESTICK

The next piece of the Tabernacle was a seven-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be light in the world's darkness.

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our "advocate." We cannot do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and empowers us.

5. THE TABLE OF SHEWBREAD

In the Tabernacle, a table with twelve loaves of bread represented the importance of reading God's Word for daily sustenance.

God's Word is an incredible gift and a powerful tool, and it has great relevance and impact in our prayer life.

Here is how you can incorporate God's Word into your prayer time:

- Take time to read and think about the Word
- Claim God's many great promises for your life and the world around you
- Ask Him for fresh revelation of His Word
- Ask Him for a Word to help you as you go throughout your day.

6. THE ALTAR OF INCENSE

A small altar of burning incense stood at the entrance to the Holy of Holies, where God's presence dwelled. The people of God entered God's presence as they worshipped His

Names. This altar represents worship and the pleasure it gives God when we worship Him.

Thank God for making His presence available to you. Praise His Names and worship Him personally and specifically for Who He is and how He has moved in your life.

7. THE ARK OF THE COVENANT

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priest interceded by praying on behalf of the people of God. In the same way, we intercede on behalf of those around us.

We can make a difference when we spend time praying for others. Pray for those with whom you interact and connect, including:

- Those in authority - leaders in church, government, family, and workplace
- Your family - both immediate and extended family members
- Your church - pastors, Small Group leaders, members, and missionaries
- Your community - people in your city, nation, and world
- Your relationships - friends, co-workers, acquaintances.

A PRAYER TRILOGY

You are invited to pray these three prayers word for word.

1. PRAYING TO GOD MY FATHER

Thank you, FATHER, for this day you have made; I will rejoice and be glad in it. My FATHER who sits on the throne of majesty grace and power who rules over all the universe whose eye is upon the righteous, whose ear is open to our cry, blessed be your Holy Name LORD. It is in you I live and move and have my being. Your Holiness makes me whole; I am complete in you.

JEHOVAH –TSIDKENU (sid-k-new) the Lord my righteousness. Thank you, Lord, for a right standing, a right relationship with you. Thank you for helping me to think right, act right, talk right and live right today.

JEHOVAH-M'KADESH (ma-kedish) the Lord my Sanctifier. Thank you, Lord, for setting me apart unto you as part of your special treasure in the earth, part of your body, your bride, and your building.

JEHOVAH-SHALOM the Lord my Peace. Thank you, Lord, for the peace that passes all understanding, the inner tranquility of the soul that says, “all is well.”

JEHOVAH-SHAMMAH (sha-ma) the Lord Who Is Always Present. Thank you for never leaving me or forsaking me, for being with me all the way even unto the end of the age.

JEHOVAH-RAPHA the Lord my Healer. Thank you, Lord, for **healing my heart** through confession and repentance of sin according to 1 John 2:1 and 1 John 1:9. Thank you, Lord, for **healing my mind** through agreement and obedience to your Word according to Romans 12:2. Thank you Lord for **healing**

my body through the indwelling power of the Holy Spirit according to Romans 8:11. The same spirit that raised Jesus from the dead dwells in me quickens me and strengthens my physical body. I am healed well and whole. Your healing virtue flows through my body like blood through my veins touching every cell, every nerve, every organ, and every fiber of my being. My heart is strong – my lungs are clear – all my organs function as God created them to function. No weapon formed against me can prosper!

JEHOVAH-JIREH the Lord my Provider. Thank you, Lord, for providing everything that pertains to life and godliness and for supplying all my needs today according to your riches in glory in Christ Jesus.

JEHOVAH-NISSI the Lord my Banner. Thank you that your banner over me is love today. Nothing can separate me from the love of God in Christ Jesus according to Romans 8:35-39, neither height, nor depth, nor principalities or powers, things present or things to come; things in heaven, earth or under the earth – nothing can separate me from the love of God in Christ.

JEHOVAH-SABBAOTH (say-bau-oth) captain of the Lord's Hosts. Thank you, Lord, for your ministering angels that surround my life today to keep me in all my ways according to Psalms 91. Angels of the Lord, I welcome your activity in my life today. I receive everything you have for me today from my Father in heaven according to Hebrews 1:14 and 1:7.

JEHOVAH-ROI the Lord my shepherd. Thank your Lord for being the Shepherd and bishop of my soul. Thank you for leading me, guiding me, directing me, protecting me, and keeping me today.

Your KINGDOM COME Your WILL BE DONE on earth as it is in heaven. Thank you, Lord, for bringing into my life today everything you have ordained for me in heaven. Thank you for bringing to my wife today everything you have ordained for her. Thank you for bringing to (name your children here) everything you have ordained for them today in heaven. Thank you for bringing to the lives of all the members of our congregation everything you have ordained in heaven for them today.

Thank you for giving us today OUR DAILY BREAD. The children's bread is healing of spirit, soul and body so thank you Lord for complete healing today. Thank you for becoming whatever I need when I need it.

Thank you, Father, for FORGIVING US OUR TRESPASSES as we forgive those who trespass against us. I set myself to walk in forgiveness today; not allowing any root of bitterness, unforgiveness, or criticism into my heart and life today. I will be quick to release forgiveness to anyone who may trespass against me today.

Lead us not into temptation but DELIVER US FROM EVIL. I stand in the bloody footprint of Jesus with my foot on the head of that old serpent the Devil. Thank you, Lord, for causing me to always triumph in you today as I live from strength to strength, faith to faith, glory to glory and victory to victory.

For Yours is THE KINGDOM AND POWER AND GLORY forever, Amen!

2. PRAYING TO JESUS MY COVENANT LORD (Praying the 23rd Psalms)

The Lord is **MY SHEPHERD**, I shall not want. You make me to lie down in green pastures (thank you, Lord, for the inner tranquility of the soul that says all is well.)

You **LEAD ME** beside still waters (thank you for refreshing, renewing, and reviving me today.) Thank you for the “river of increase” flowing through my life today. Thank you for the “river of break-through” making a way where there seems to be no way. Thank for the “river of strength, might and power” that flows out of my inner man today. And thank you for the river of “abundance and fruitfulness” that flows through me today.

You **RESTORE MY SOUL**. Thank you, Lord; that the old is gone the new has come. Thank you that every moment is brand-new eternal moment in you today.

You **lead me in the PATH OF RIGHTEOUSNESS for YOUR NAME SAKE**. Thank you, Lord, that because of Jesus, I am in a right standing and right relationship with you. I live today to bring glory and honor to your name.

Even though I walk through the valley of the shadow of death **I WILL FEAR NO EVIL** for you are with me, your **ROD**, and your **STAFF**, they comfort me. Thank your Lord for the rod of Your Word and the staff of Your Spirit.

You **prepare a table before me IN THE PRESENCE OF MY ENEMIES**. Thank you, Lord, for going before me into my day and setting me up for victory and causing me to always triumph in you. No weapon formed against me will prosper today.

You ANOINT MY HEAD WITH OIL, my CUP OVERFLOWS.

Thank you, Lord, for filling me afresh and anew with your Spirit; for saturating me with your presence until I am dripping wet like a sponge. My life overflows with joy in you today.

Surely GOODNESS and MERCY will follow me all the days of my life. Thank you, Lord, for marking my life today with goodness and mercy.

And I will **DWELL IN THE HOUSE OF THE LORD** forever.

Thank you, Lord, for your FOREVER HOUSE.

- Thank you that I am part of your **KINGDOM ROOM** filled with an innumerable host made up of every tribe, tongue, nation, and people.
- Thank you that I am part of the **FAMILY ROOM**. Part of the body of Christ.
- Thank you for the **DINING ROOM** where I feast at the table with the King of Kings eating the Bread of Your Presence. Enjoying the children's bread – the bread of healing and wholeness.
- Thank you for being **INTIMATE** with me - impregnating me with the seed of your Word. Thank you for birthing things in me today and enlarging your kingdom through me.
- Thank you, Lord, for **WASHING ME** and purifying me with the water of your Word and the purifying blood of Jesus.
- Thank you for **DRESSING** me today with the Armor of God:

- Thank you for the **HELMET OF SALVATION**, for the knowledge that I am saved by grace through faith not by my works lest I should boast.
- Thank you for the **BREASTPLATE OF RIGHTEOUSNESS**, for giving me your heart today – I do not want my selfish heart - I want your loving heart working in me today.
- Thank you for the **BELT OF TRUTH** knowing that you hold everything together by the Word of your power.
- Thank you for the **SANDALS** of Sonship and peace. I walk out into my day today as an heir of God and a joint heir with Christ living in peace with all men, enjoying your abundance.
- Thank you for the **SHIELD OF FAITH** that quenches every fiery dart of the wicked one. This is the victory that overcomes the world even my faith in Jesus Christ.
- Thank you for the **SWORD OF THE SPIRIT** which is the Word of God. The Word of God in my mouth today is sharp, might and powerful destroying every lie of the enemy. Amen!

3. HOLY SPIRIT THE BREATH OF MY LIFE:

Thank you, Holy Spirit, for giving me **SPIRITUAL CPR** today; for breathing your **CREATIVE LIFE**, your **ABUNDANT LIFE**, your **EMPOWERING LIFE into me today**.

Thank you for the breeze of heaven that blows through my soul **REMOVING ANY SMOG, HAZE OR IMPURITIES** giving me clarity of thought and of speech.

Thank you for the hot winds that blow through my soul today **PURIFIING ME, CLEANSING ME AND STRENGTHENING ME** today with the fire of your Presence.

Thank you for **TORNADIC WINDS** blowing through my soul today, pulling down, tearing down, uprooting and rearranging things in my life – setting everything in me and about me in order and to be as you ordain them to be.

Thank you, Lord, that I am the **TEMPLE** of the Holy Spirit. This is your **MIND**, so fill it with thoughts today for I have the mind of Christ according to 1 Cor. 2:16 and know all things according to 1 John 2:20. These are your **EYES**, so help me to **SEE AS YOU SEE TODAY LORD**, give me revelation and discernment to follow in your ways; these are your **EARS**, may they be sensitive to hear **YOUR VOICE** today that I may walk in the path you have ordained me to walk; This is **YOUR HEART**, fill it with your **PASSION AND COMPASSION**; these are your **HANDS** may they be strengthened to do what you have willed for me to do today; and these are your **FEET**, thank you for establishing my steps and leading me in all your ways today. Thank you, Lord for helping me to think, to see, to hear, to speak, to know and do all that you have ordained for me today.

Thank you, Lord for coming to me, seeking me out and finding me. Thank you for seeing me in the pit of sin; thank you for loving me out of sin and loving sin out of me. Thank you for taking my old filthy robe of self-righteousness and giving me your **ROYAL ROBE of RIGHTEOUSNESS**; thank you for giving me the **RING OF AUTHORITY** to transact kingdom business in the name of Jesus today. Thank you for the **SANDALS of SONSHIP and PEACE** that I walk in today and thank you for **REJOICING OVER ME WITH JOY**.

Thank you, Holy Spirit, for being my **CHAMPION**, my **COMPANION**, my **COMFORTER** and **GUIDE** today. I set my self to walk in all your ways today Lord, living my life to please you in all I say and do.

PERSONAL PRAYER FOCUS & FORMS

God has chosen for us to be here on the planet at this pivot time in human history. There is never a time or season that is outside of His view or influence. So it is important that we as Christians be observant and aware of what it going on and what God is doing in the world. It is to these things that we are to pray – we are to agree with what God is doing and pray them into existence.

One of the first places we need to begin is learning to correctly pray for those who are in authority over us. Romans 13 teaches that all authority on earth comes from God. So whether we agree with those in authority is of no consequence. We are called to pray for those in authority.

I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone – for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth.

(1 Timothy 2:1-4)

We need to pray for those in authority and those under our own authority. Pray for those in your family and your circle of influence (anyone you are connected to). Write down the names of specific people and pray for them. Use the forms on the following pages to help you organize and pray for them.

GOVERNMENTAL LEADERS

PRESIDENT _____

NATIONAL LEADERS _____

STATE LEADERS _____

CITY LEADERS _____

MY FAMILY

SPOUSE _____

CHILDREN _____

PARENTS _____

SIBLINGS _____

EXTENDED FAMILY _____

MY CHURCH

PASTORS _____

LEADERS _____

SMALL GROUP LEADER _____

SMALL GROUP MEMBERS _____

KIDS MINISTRY TEAMS _____

MY LIFE

EMPLOYER _____

CO-WORKERS _____

EMPLOYEES _____

TEACHERS / PROFESSORS _____

CLOSE FRIENDS _____

THOSE LOST AND FOUND
